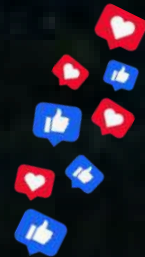


2024

# NOVEMBER

*The Palms Town & Country Club*



*Instagram*



# CHILDREN'S DAY

*celebration*

**9 am - 1 pm**

**At Ballroom 3**

**Kid's only event**

**10**  
**NOV**

T&C Apply\*



# TEPPANYAKI

12:30 - 3:30 PM

AT FUSION

LUNCH



**EVERY  
SAT**



# BRUNCH

EUROPEAN  
DELIGHT

12:30 - 3:30 PM

AT RFL



**EVERY  
THU**

Images are for illustration purposes only





# Christmas Cake Mixing

4-5 pm

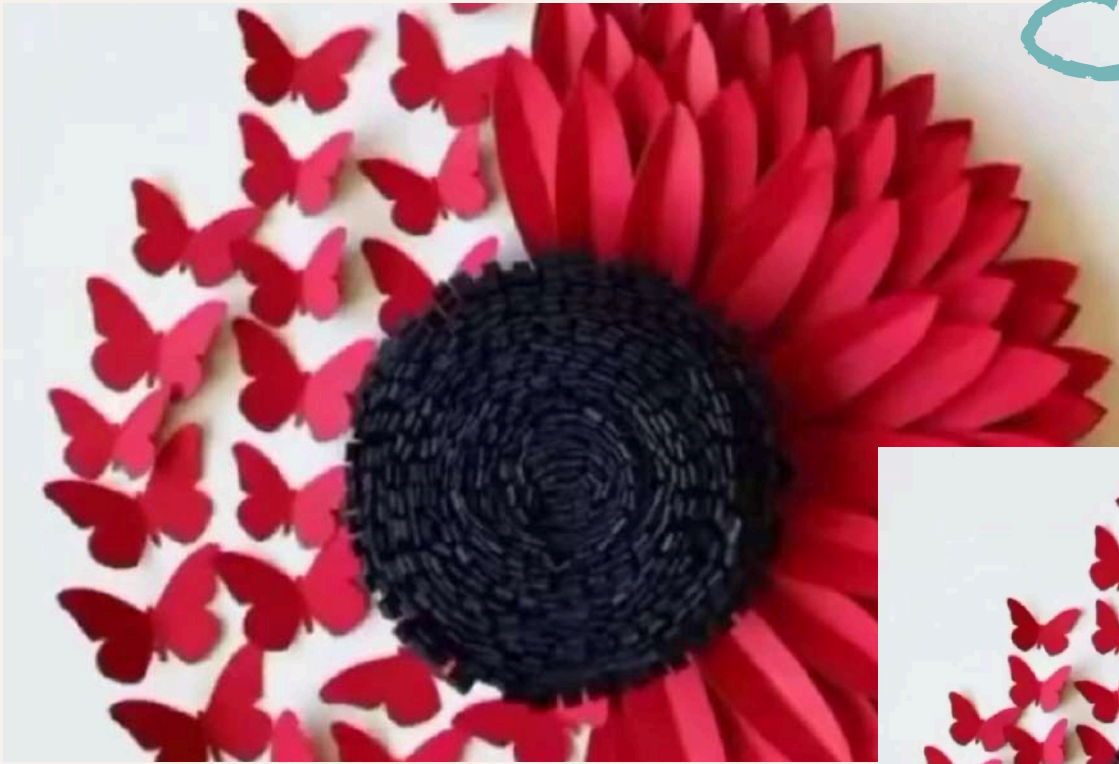
The Great Lawn

First come, first served basis

**16**  
NOV



# Floral Craft Activity



**Kid's Activity**

**5 pm Onwards**

**Age: 5-16 years**

**At Kid's Club**



**23**  
**NOV**



# HOW TO TRAIN YOUR DRAGON



**KID'S MOVIE**  
**5 PM ONWARDS**  
**7-15 YEARS**  
**AT VICEROY CHAMBER**

**30**  
**NOV**

# Gym

# CALENDAR

1	DIWALI	2	VISHWAKARMA POOJA	3	FIT TO GO 8:30 AM TO 9:30 AM (AJAY)		
4	KICK-BOXING 8:30 AM TO 9:30 AM (LUCKY)	5	STEP AEROBICS 8:00 AM TO 9:00 AM (SONAKSHI) ---X--- YOGA 6:30 PM TO 7:30 PM (SONAKSHI)	6	YOGA 8:00 AM TO 9:00 AM (SHARMILA) ---X--- KICK-BOXING 6:30 PM TO 7:30 PM (LUCKY)		
7	SPINNING 7:40 AM TO 8:35 AM (AJAY) SPINNING 8:40 AM TO 9:30 AM (AJAY) ---X--- YOGA 6:30 PM TO 7:30 PM (SHARMILA)	8	FUNCTIONAL DRILL 8:00 AM TO 9:00 AM (NIKITA) ---X--- BOOT CAMP 6:30 PM TO 7:30 PM (LUCKY)	9	YOGA 8:00 AM TO 9:00 AM (SONAKSHI)	10	FIT TO GO 8:30 AM TO 9:30 AM (AJAY)
11	KICK-BOXING 8:30 AM TO 9:30 AM (LUCKY)	12	STEP AEROBICS 8:00 AM TO 9:00 AM (SONAKSHI) ---X--- YOGA 6:30 PM TO 7:30 PM (SONAKSHI)	13	YOGA 8:00 AM TO 9:00 AM (SHARMILA) ---X--- KICK-BOXING 6:30 PM TO 7:30 PM (LUCKY)	14	SPINNING 7:45 AM TO 8:35 AM (AJAY) SPINNING 8:40 AM TO 9:30 AM (AJAY) ---X--- YOGA 6:30 PM TO 7:30 PM (SHARMILA)
15	FUNCTIONAL DRILL 8:00 AM TO 9:00 AM (NIKITA) ---X--- BOOT CAMP 6:30 PM TO 7:30 PM (LUCKY)	16	YOGA 8:00 AM TO 9:00 AM (SONAKSHI)	17	FIT TO GO 8:30 AM TO 9:30 AM (AJAY)	18	KICK-BOXING 8:30 AM TO 9:30 AM (LUCKY)
19	STEP AEROBICS 8:00 AM TO 9:00 AM (SONAKSHI) ---X--- YOGA 6:30 PM TO 7:30 PM (SONAKSHI)	20	YOGA 8:00 AM TO 9:00 AM (SHARMILA) ---X--- KICK-BOXING 6:30 PM TO 7:30 PM (LUCKY)	21	SPINNING 7:45 AM TO 8:35 AM (AJAY) SPINNING 8:40 AM TO 9:30 AM (AJAY) ---X--- YOGA 6:30 PM TO 7:30 PM (SHARMILA)	22	FUNCTIONAL DRILL 8:00 AM TO 9:00 AM (NIKITA) ---X--- BOOT CAMP 6:30 PM TO 7:30 PM (LUCKY)
23	YOGA 8:00 AM TO 9:00 AM (SONAKSHI)	24	FIT TO GO 8:30 AM TO 9:30 AM (AJAY)	25	KICK-BOXING 8:30 AM TO 9:30 AM (LUCKY)	26	STEP AEROBICS 8:00 AM TO 9:00 AM (SONAKSHI) ---X--- YOGA 6:30 PM TO 7:30 PM (SONAKSHI)
27	YOGA 8:00 AM TO 9:00 AM (SHARMILA) ---X--- KICK-BOXING 6:30 PM TO 7:30 PM (LUCKY)	28	SPINNING 7:45 AM TO 8:35 AM (AJAY) SPINNING 8:40 AM TO 9:30 AM (AJAY) ---X--- YOGA 6:30 PM TO 7:30 PM (SHARMILA)	29	FUNCTIONAL DRILL 8:00 AM TO 9:00 AM (NIKITA) ---X--- BOOT CAMP 6:30 PM TO 7:30 PM (LUCKY)	30	YOGA 8:00 AM TO 9:00 AM (SONAKSHI)