



THE PALMS

AMAZING

August

At The Palms

Where life begins...





La Famiglia Thursdays



Experience the true flavours of Italy with unlimited servings of handcrafted pizzas and delicious pastas curated by **Chef Balram**. Complete your meal with fresh soups, salads, and indulgent desserts for the perfect family feast.

Price: Rs.795++

Every Thursday | 12:00 Noon - 3:00 PM

Recipes For Life

Guest fee applicable | *T&C Apply | Images are for illustration purpose only.



Saturday Vibes

Live Music. Great Company.



Unwind with soulful live performances featuring talented vocalists and instrumental artists. Enjoy an elegant evening of great music, delicious food from the menu, and memorable moments.

Every Other Saturday, 8th & 22nd August 2026
7:30 PM - 10:30 PM
Recipes For Life

*T&C Apply | Images are for illustration purpose only.



Sweet Tooth



Treat yourself to our freshly baked selection of gourmet éclairs and artisanal tarts curated by **Chef Mohan**. Choose from the select menu of each, crafted to satisfy every sweet craving.

Served Daily | Restaurant Operating Hours
The Palms Bakery - Recipes For Life

*T&C Apply | Images are for illustration purpose only.



Chatpate Tuesdays



Relish the vibrant flavours of India's favourite street food, freshly prepared and served live. From tangy chaats to sizzling delights, it's an evening full of authentic taste of Dilli 6 and nostalgia.

Every Tuesday | 5:30 PM - 7:30 PM

Senses

*T&C Apply | Images are for illustration purposos only.



Flavours of Freedom



Celebrate the spirit of Independence with a lavish buffet brunch featuring festive delicacies, live counters, and special snacks. Gather with family and friends for an unforgettable patriotic celebration.

Buffet Price: Rs. 795++

Saturday, 15th August 2026 | 12:30 PM - 3:30 PM

Senses

Guest fee applicable | *T&C Apply | Images are for illustration purpose only.

Onam Sadhya Buffet



Celebrate Onam with an authentic Kerala vegetarian feast inspired by the traditional Sadhya. Enjoy a wholesome spread of regional specialties, snacks, desserts, and festive hospitality.

Buffet Price: Rs. 695++

Wednesday, 26th August 2026 | 7:30 PM - 11:00 PM

Senses



Bond Of Threads



Celebrate the cherished bond of siblings with a specially curated festive dinner. Indulge in a lavish buffet designed to make your Raksha Bandhan celebration truly memorable. Let this Sibling's Dinner be a time to bond deeply.

Buffet Price: Rs. 825++

Friday, 28th August 2026 | 7:30 PM - 11:00 PM

Senses

Guest fee applicable | *T&C Apply | Images are for illustration purpose only.



Sunday Ki Chai. Apno Ke Saath.



Embrace the joy of the monsoon season with crispy pakodas, flaky mathri, freshly baked cookies, and aromatic tapri-style chai. The perfect combination for cosy Sunday evenings, gupshup and closeones.

Price: Rs. 195++

Every Sunday | 4:00 PM - 7:00 PM

Senses

Guest fee applicable | *T&C Apply | Images are for illustration purpose only.

Golden Steam House



Relish the aroma of the unlimited serving of dim sums paired with flavourful soups, hearty mains, starch, and decadent desserts. A perfect culinary experience for lovers of Asian cuisine.

Price: Rs. 795++

Every Saturday | 12:30 PM - 3:30 PM
Excluding 15th August 2026.

Fusion



Together For Samurai Feast



Witness the artistry of Japanese cuisine with live teppanyaki, handcrafted sushi, and signature specialties curated by **Chef Manoj**. An interactive dining experience showcasing authentic flavours and live culinary theatre.

Price: Rs. 795++

Every Wednesday | 7:30 PM - 11:00 PM

Fusion

Guest fee applicable | *T&C Apply | Images are for illustration purpose only.



Latte And The Magic Waterstone



A brave little hedgehog named Latte sets out on a journey to recover a magical waterstone that has been stolen by a bear king. Along the way, she teams up with a timid squirrel named Tjum, and together they learn about courage, friendship, and helping others.

Member's Kid: Rs. 550 AI | Guest's Kid: Rs. 650 AI

Sunday, 23rd August 2026 | 4:00 PM onwards.

Living Room

*T&C Apply



Tambola Night



Get ready for an exciting evening of fun, laughter, and thrilling cash prizes at our Tambola Night. Bring your family and friends for an entertaining experience filled with excitement and great company.

Win Cash Prizes

Saturday, 22nd August 2026 | 7:00 PM onwards.

Ballroom 3

Cash Prizes will be paid through UPI / Digital Payment
Guest fee applicable | *T&C Apply | Purchasing 2 tickets will be mandatory.



CREATIVE CARNIVAL



Celebrate Independence Day with a vibrant Creative Carnival at The Palms Club! Enjoy interactive activities, engaging workshops, fun games, and unique experiences designed for the entire family.

Member's Kid (upto 14 years): Rs. 1,299/- AI

Adult (15 years & above): Rs. 499/- AI

Guest's Kid (upto 14 years): Rs. 1,499/- AI

Saturday, 15th August 2026 | 11:00 AM - 8:00 PM

Grand Ballroom

*T&C Apply



Pamper Together



Make salon time a delightful experience for the entire family. Enjoy a relaxing salon service for yourself while your little ones get pampered with a special grooming experience.

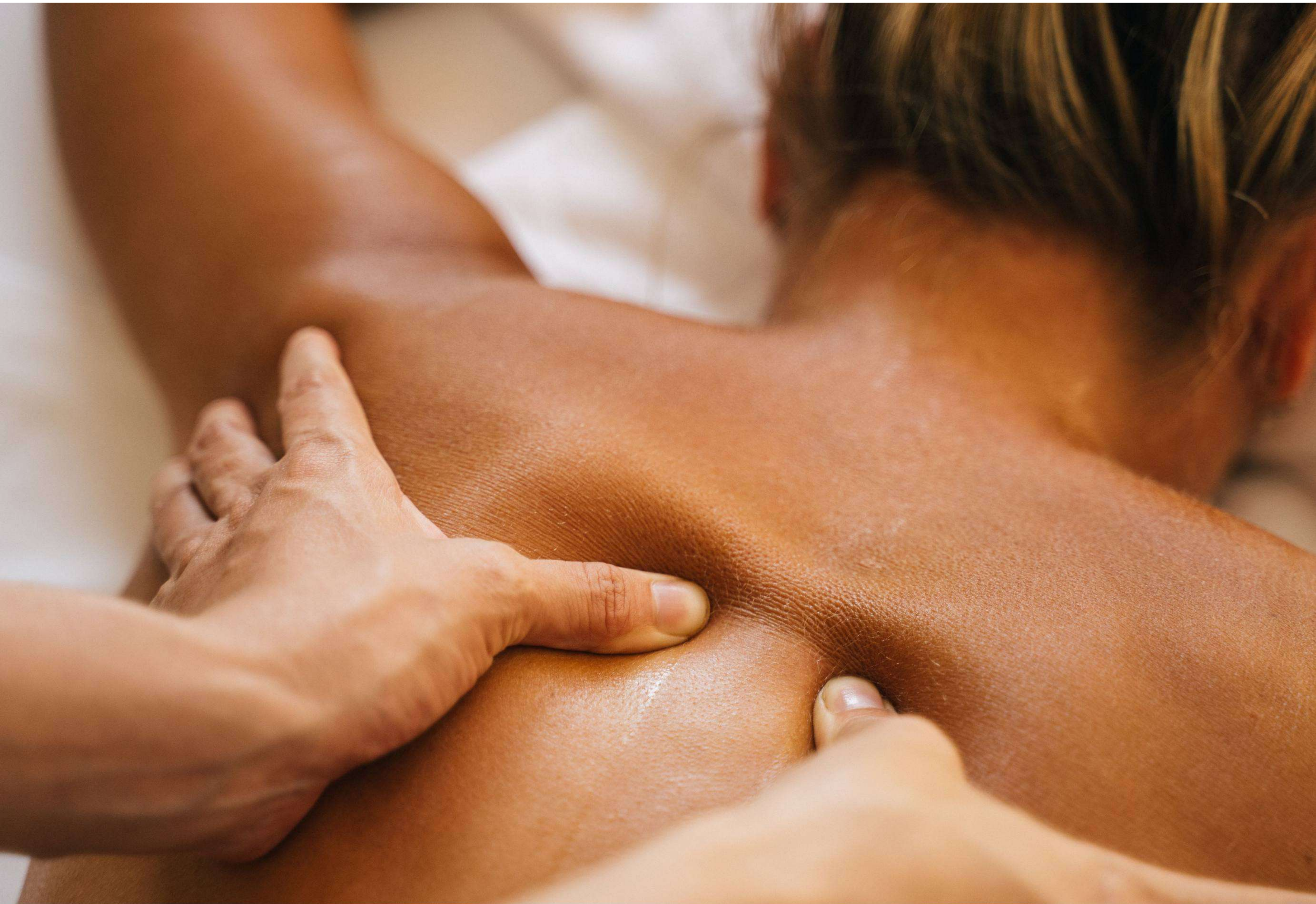
50% saving on children service upon booking any parent service of Rs. 499 & above.

Every Wednesday | 11:00 AM - 8:00 PM
Longevity Spa & Salon

*T&C Apply



Relaxology



Indulge in a blissful spa experience enriched with premium aromatic oils, designed to relax your senses, ease muscle tension, and restore inner balance. Explore your wellness journey with Longevity Spa & Salon.

Book any Spa / Treatment & save 30% on other services.

11:00 AM - 8:00 PM (Except Tuesdays)

Longevity Spa & Salon

*T&C Apply | Offer excludes hair colour and hair treatment.

GROUP EXERCISE CLASS SCHEDULE

AUGUST 2026



MON	TUE	WED	THU	FRI	SAT	SUN
					1 YOGA 8:00 AM TO 9:00 AM (SONAKSHI)	2
3 KICK-BOXING 8:30 AM TO 9:30 AM (LUCKY)	4 STEP AEROBICS 8:00 AM TO 9:00 AM (SONAKSHI) YOGA 6:30 PM TO 7:30 PM (SONAKSHI)	5 YOGA 8:00 AM TO 9:00 AM (SHARMILA) KICK-BOXING 6:30 PM TO 7:30 PM (LUCKY)	6 SPINNING 8:00 AM TO 9:00 AM (AJAY) YOGA 6:30 PM TO 7:30 PM (SHARMILA)	7 BOOT CAMP 6:30 PM TO 7:30 PM (LUCKY)	8 YOGA 8:00 AM TO 9:00 AM (SONAKSHI)	9
10 KICK-BOXING 8:30 AM TO 9:30 AM (LUCKY)	11 STEP AEROBICS 8:00 AM TO 9:00 AM (SONAKSHI) YOGA 6:30 PM TO 7:30 PM (SONAKSHI)	12 YOGA 8:00 AM TO 9:00 AM (SHARMILA) KICK-BOXING 6:30 PM TO 7:30 PM (LUCKY)	13 SPINNING 8:00 AM TO 9:00 AM (AJAY) YOGA 6:30 PM TO 7:30 PM (SHARMILA)	14 BOOT CAMP 6:30 PM TO 7:30 PM (LUCKY)	15 HOLIDAY	16
17 KICK-BOXING 8:30 AM TO 9:30 AM (LUCKY)	18 STEP AEROBICS 8:00 AM TO 9:00 AM (SONAKSHI) YOGA 6:30 PM TO 7:30 PM (SONAKSHI)	19 YOGA 8:00 AM TO 9:00 AM (SHARMILA) KICK-BOXING 6:30 PM TO 7:30 PM (LUCKY)	20 SPINNING 8:00 AM TO 9:00 AM (AJAY) YOGA 6:30 PM TO 7:30 PM (SHARMILA)	21 BOOT CAMP 6:30 PM TO 7:30 PM (LUCKY)	22 YOGA 8:00 AM TO 9:00 AM (SONAKSHI)	23
24 KICK-BOXING 8:30 AM TO 9:30 AM (LUCKY)	25 STEP AEROBICS 8:00 AM TO 9:00 AM (SONAKSHI) YOGA 6:30 PM TO 7:30 PM (SONAKSHI)	26 YOGA 8:00 AM TO 9:00 AM (SHARMILA) KICK-BOXING 6:30 PM TO 7:30 PM (LUCKY)	27 SPINNING 8:00 AM TO 9:00 AM (AJAY) YOGA 6:30 PM TO 7:30 PM (SHARMILA)	28 BOOT CAMP 6:30 PM TO 7:30 PM (LUCKY)	29 YOGA 8:00 AM TO 9:00 AM (SONAKSHI)	30
31 KICK-BOXING 8:30 AM TO 9:30 AM (LUCKY)	Health first Inspiring Healthy Habits 					

• Class Schedule or Instructor may change or cancel with prior notice • Minimum four members are required for any class to start

*T&C Apply